Minutes of the Higher Education for Dementia Network (HEDN)

13th December 2018- 11am – 3.30pm
Host: Dementia UK
Chairs: Rachel Thompson / Owain Jones
Minutes: Sinead Manning

Present

- Fiona Chalk – Buckinghamshire New University
- Stephanie Daley – Brighton & Sussex Medical School
- Karyn Davis – University of South Wales
- Katie Davis – University of Salford
- Gina Dutton - University of Worcester
- Wendy Grosvenor - University of Surrey
- Juanita Hoey – City University
- Owain Jones – (Co Chair) University of South Wales
- Janet Leeks – University of Hertfordshire
- Gill Maidens - Dementia UK
- Jane Matonhodze – University of Greenwich
- Steve McCarthy-Grunwald – University of Cumbria
- Chris O’Connor – Consultant Admiral Nurse & HEE fellow
- Rachel Thompson – (Chair) Dementia UK
- Toby Williams - University of West London
- Sandie Woods – London South Bank University
- Jan Zietara – Health Education England

Via Skype Connection
Claire Surr – Leeds Beckett University

1. Welcomes, Apologies & Introductions

Apologies were received from the following people:

- Lesley Baillie – Open University
- Margaret Brown – University of West Scotland
- Pat Chung - Canterbury Christ Church University
- Iain Davies Abbott – Bangor University
- Michelle Heward – Bournemouth University
- Jaqueline Parks – Northampton University
- Sarah Penney – University of Ulster
- Jane Robertson – Stirling University
- Ellen Tullo – Newcastle University
- Sandie Woods - London South Bank University
2. **Minutes of last meeting & matters arising**

The group discussed actions from the previous minutes and noted a few updates since the last meeting.

- ‘A Walk Through Dementia’ (Alzheimer’s Research UK) – 3 short films, shared at previous HEDN meeting, is now available as an app to support learning and simulate the experience of living with dementia. See here for further information: [http://awalkthroughdementia.org](http://awalkthroughdementia.org)

- HEDN list now up to 55 members since GDPR changes – efforts continue to increase membership.

- Future HEDN meeting dates confirmed as;
  - 13th March at University of Worcester
  - 23rd July at Keele University.

3. **Discussion about including dementia in curriculum planning/ delivery**


Following initial discussion at the last HEDN meeting about the implementation of the ‘Future Nurse’ (NMC Pre – registration education standards); Gill Maidens (Dementia UK) shared some key questions to inform thinking and share learning on including dementia in curriculum redesign. This included:

- Using national dementia knowledge and skills frameworks e.g. Dementia Training Standards (Health Education England) to inform curriculum planning
- Application of levels to curricula
- Considering different programmes e.g. nursing branches, AHP education, medics etc.
- Integration of dementia into clinical skills session and OSCE exams

Initial discussion from the group raised the following issues:

- Some lecturers/ departments do not have direct influence/ input into curriculum content.
- Need to consider key areas for inclusion as the dementia Training standards framework is big
- Some HEI’s are focusing on specific areas and weaving in dementia components e.g. end of life care, person centred care, communication, holistic assessment
- Tier 2 level should be the usual offer for health & social care professionals

It was noted that Wales are in process of developing a new framework for dementia education and training. Scoping exercise is currently underway and will be finalised in September 2020 This (Good Work: A Dementia Learning & Development Framework for
Wales was published in 2016 - The Scoping exercise across Wales is looking at how any Health & Social Care Dementia education maps against it)

**ACTION:** Gill to share questions with the group via email for feedback. Feedback will be collated and shared at the next HEDN meeting in Worcester.

4. **Review of HEDN activities / Terms of Reference & Planning**

The group were reminded of the HEDN Terms of Reference which are on the Dementia UK [website](#). Owain Jones, HEDN Co-Chair, then presented a history of the HEDN based on Appreciative Inquiry approach and asked the group to reflect on how the network should develop moving forward.

### The group discussed the following ideas:

- **Membership** – need to ensure HEDN is communicated as a network for all professionals i.e. AHP’s, medics and nurses.
- **Website platform** – should the network consider another platform e.g. WordPress
- **Need to increase awareness of HEDN through social media.**
- **Consideration of including research in HEDN activities and increasing publications**
- **Membership currently focuses on HEI lecturers – pro’s and cons of either expanding network OR making it more specific e.g. membership requiring application**
- **Identify working groups to take forward activity e.g. developing guidance for embedding dementia into curricula**
- **Use of HEDN logo by members on presentations to promote network**
- **Need to increase membership and ensure course details are up to date**

### Other points raised:

- **Importance of this network as there are no other national dementia and education networks.**
- **HEDN provides a means to ensure a national voice for dementia education and influence policy**

### ACTIONS:

- Owain to review Terms of Reference and circulate
- Sandie Woods to explore increase of research activities
- Owain to send survey monkey out to group and request for volunteers to support activities etc.
- Group to send updates/ check if all details are correct of list of courses available on the website
5. **Presentation from Brighton & Sussex Medical School/ University of Surrey – ‘Time for Dementia’ – Stephanie Daley and Wendy Grosvenor**

Stephanie Daley, Clinical Research Fellow (Brighton & Sussex Medical School) and Wendy Grosvenor, Lecturer at University of Surrey, shared the ‘Time for Dementia’ programme. This programme was developed with the support of HEE and Alzheimer’s Society, for pre-reg health students including medics, nurses and AHP’s to visit a family affected by dementia over a 2 year period. The idea is to improve knowledge, attitudes and empathy towards people with dementia and their carers. Evaluations have been very positive including improved insight and understanding of dementia, sense of mutuality (New ‘ways of seeing’) and increased confidence in challenging practice. The programme has now been built into the Long-term conditions module. Findings shared within presentation:

Next steps – the programme is be rolled out across Kent & Surrey. Currently developing systems for administration and recruitment of participants/ families

The group reflected on best ways to share these learning outputs within and outside of the HEDN network. Gina Dutton suggested a practical guide and cost analysis would be useful for the network to share with contacts – e.g. ‘this will cost you X but the benefits are X’

**ACTION:**
- Stephanie & Wendy to share approximate costs for implementation.
- Stephanie is happy to share the work at other universities to further promote findings/ consideration of local implementation.

6. **Health Education England updates – Jan Zietara/ Chris O’Connor**

Jan Zietara, HEE Project Manager for Dementia, gave a presentation on HEE updates and achievements since March 2012 and announced the appointment of Chris O’Connor (Consultant Admiral Nurse, Surrey) who has been seconded 2 days / week to support this work stream.

Main outputs:
- Refresh of dementia e-learning modules (NHS)
- What works in dementia education & trainings study (Development of Dementia Training Design and Delivery Audit Tool (DeTDAT) See: https://www.leedsbeckett.ac.uk/school-of-health-and-community-studies/what-works/
- Sustainability of ‘Time for dementia’ programme
- Managing Success in Dementia Care (collation of resources to support Tier 2 including ‘Finding Patience’)

• Scoping of Tier 3 training provision

Jan’s presentation can be accessed here:

Discussion held about links to HEI’s and support of different tiers – expectation that all those who have come through undergraduate training should be working at Tier 2 level.

Whilst HEE have shared resources to support Tiers 1 & 2 training; need further insight into Tier 3 – currently supported through post graduate education modules within HEI’s.

Proposal that all members map their courses using the DeTDAT tool e.g. approx. 30 hours 4 areas of framework and 50% leadership

Considered need for support of Council of Deans to gather further info and raise awareness of HEDN and feed information through the HEDN network

ACTION:
• Jan to consider requirements for Tier 3 and let us know
• All members to map current post – reg courses using DeTDAT

7. Any other business and membership updates

University of South Wales (Karyn Davis & Owain Jones) Currently looking at developing an MSc in Dementia with a view to validation next year. The Cert HE dementia studies has been withdrawn.

University of West London (Toby Williamson) Current education provision:
• MSc in Dementia Care
• Higher Apprenticeship in Dementia Care – Assistant Practitioner (Health)
• Higher Education England Tier 3 Experts in Dementia course

Dementia research interests include: arts and creative engagement in care homes; clothing, textile and fashion in dementia care; multi – sensory interventions based on olfactory stimulation; meaningful activities in acute hospitals to support people living with dementia.

Staff team led by Professor Victoria Tischler, supported by Monika Rybacka (MSc Course Leader) and Toby Williamson (Hourly Paid Lecturer and Researcher).

Toby and colleagues are currently undertaking a review of UWL’s dementia education and training portfolio and they plan to be in touch with HEDN members about this in the New Year.

University of Hertfordshire (Jan Leeks) ––: Running a Masters in leadership - unfortunately hasn’t had any subscribers so far. Will be looking to revamp to 5 days (tier 3) currently doing
lots of CPD and pleased with the outcome, trainers get a whole day with Jan Zietara HEE which is bespoke.

**University of Cumbria (Steve McCarthy-Grunwald)** – PG Cert HE programmes currently still running. Annual Dementia symposium has been a great success - focused on what's happening locally.

**University of Salford (Katie Davies)** – Offer MSc in Dementia Enabling Environment - will run December 2019 and will be running a mental health 6 day course and one of those days will be dedicated to Dementia – this is funded by HEE.

**University of Greenwich (Jane Matonhodze)** – Offer Dementia person centred module - level 6 & 7 - low subscription. This is publicised on the university website and is run on 3 sites Eltham, Greenwich and Medway.

**City University (Juanita Hoey)**: Dementia education integrated well in undergraduate and MSc module led by Michelle Parker.

**University of Worcester (Gina Dutton)** - University has been through a restructure and now needs to make decisions about master’s programmes. Masterclasses are hugely popular and the appetite is there but there is an issue that people can’t be released to attend.

**Buckinghamshire New University (Fiona Chalk)** CPD level 6 & 7 dementia care modules are underway and support various Tier 2 dementia programmes. Other work is tier 2 days and tier 3 work for various trusts – funded by HEE. Currently going through process of consultancy and education.

**University of Suffolk (Sara Oxbury Ellis)** – have implemented a strategy to become a dementia friendly organisation. Paul Driscoll-Evans, Dean of School for Health Sciences, is overseeing this strategy and the launch event took place at the University on 24th May 2018. The main actions, being implemented, are outlined below. Will share further updates on progress at future HEDN meetings, as appropriate.

**Dementia UK (Rachel Thompson)** – Numbers of Admiral Nurses continue to grow; currently 264. Developing a pathway and further resources for Admiral Nurses. Also plans underway to offer clinics in areas where there are currently no AN’s. The Admiral Nurse Helpline is getting increasingly busier and often calls are being taken from students asking to become an Admiral Nurse. Children’s animation complete which is a useful resource to share. See [here](#).

**ACTION:** Sinead to circulate dates and minutes along with Gill Maidens question sheet for completion.

### 8) Meetings – dates and venues

Dates and locations for upcoming HEDN meeting in 2019 are as follows:

- **13th March 2019** - University of Worcester