



Supported by



Your Time for a Cuppa checklist

Stick me to your fridge to make sure you're ready for the big day!

Before the event

- Set a date, decide where you'll host and spread the word
- Join our Facebook Group and chat to your fellow hosts
- Choose your bakes (or fakes... we won't tell!)
- Download extra printable fundraising materials, bunting and games
- Make sure you've got enough mugs, plates and cutlery for your guests
- Share your personal fundraising page so anyone who can't make it or isn't carrying cash can still support you

On the day

- Display your collection box and games if you're using them
- Make sure your bakes are the centre of attention
- Tell your guests why you're making Time for a Cuppa
- Have fun! Chat, enjoy sweet and savoury treats and make the most of your time with family, friends, colleagues and your community

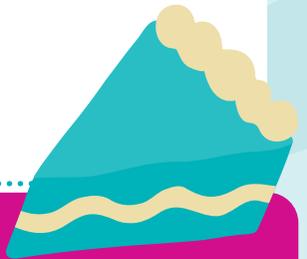
After your event

- Send in your donations
- Pop your Gift Aid form in the post
- Share your photos on social media with the #TimeforaCuppa hashtag and thank everyone who donated



Dementia UK is a registered charity in England and Wales (1039404) and Scotland (SC 047429).

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If you have any questions, please call our Time for a Cuppa Team on **0300 365 5500**, email timeforacuppa@dementiauk.org, or visit our FAQs page at fundraise.dementiauk.org/event/timeforacuppa26/faqs



DementiaUK
Helping families face dementia