



DementiaUK
Helping families face dementia

Volunteer Massage Therapist

Role title: Massage Therapist

Availability/hours: selected weekends – 2½-5 hours

Location: across the UK

Background

Every three minutes someone in the UK develops dementia – and too often, families are left to cope alone. That is where Dementia UK – the specialist dementia nursing charity – comes in. Our nurses, known as Admiral Nurses, provide free, expert advice, support and understanding to help families care for their loved one. They help families across the UK have the best life possible for as long as possible.

About the role

Every year, hundreds of runners take part in challenge events to raise funds for Dementia UK. One of the benefits of joining #TeamDementiaUK is the offer of a free post-race sports massage. We appreciate you volunteering your time and expertise to make this possible.

About the team

Dementia UK has a dedicated Events Team that manages our challenge events. We recruit and support those who have chosen to take on a physical challenge for Dementia UK.

Benefits of volunteering

- You will help us support our runners in their race efforts and show our appreciation
- It is a fantastic opportunity to meet some of our amazing participants
- It provides you with the experience of offering massage therapy at a large-scale organised event

Volunteer tasks

Your role will be to provide a short sports massage to Dementia UK participants at our charity village location.

Skills and experience

- Please provide a copy of your qualification certificate and public liability insurance
- Please inform us of your capacity, eg how many event finishers you will be able to offer a massage to
- You will need to provide your own equipment

Please email events@dementiauk.org to express your interest or for more information.