

Cheer Point Champion

Availability/hours: weekends, from two to four hours

Location: across the UK

Background

Every three minutes someone in the UK develops dementia – and too often, families are left to cope alone. That is where Dementia UK – the specialist dementia nursing charity – comes in. Our nurses, known as Admiral Nurses, provide free, expert advice and support to families affected by all forms of dementia.

About the role

Every year, hundreds of runners and cyclists take part in challenge events in aid of Dementia UK. We love to give them a huge cheer along the route, and we need volunteers to do this!

Your role will be:

- cheering, high-fiving, waving flags, banging tambourines – anything to help motivate our team!
- meeting participants' family members and friends who join us to cheer. This may include talking to them about their experiences of dementia and why their loved one is taking on their challenge for Dementia UK

About the team

Dementia UK has a dedicated Events Team that manages our third-party events. We recruit and support people who have chosen to take on a physical challenge to support Dementia UK.

Benefits of volunteering

- Gain new skills
- Expand your network of like-minded people
- Give back to a cause you care about
- Be part of a community

Skills/experience

No experience necessary: we just ask that you are enthusiastic and enjoy meeting and talking to new people. Please note you will need access to a car or good transport links, and will be required to stand for long periods of time.

Please email events@dementiauk.org to express your interest or for more information.