

## Your cuppa can change lives

Our dementia specialist Admiral Nurses are a lifeline for families affected by dementia. Your donation will help grow the number of nurses across the UK so no one has to face dementia alone.

If you'd like to speak to an Admiral Nurse, you can call our Helpline for free on **0800 888 6678** or email **helpline@dementiauk.org** 

## £3

could cover the telephone costs of a person living with dementia calling our free national Dementia Helpline for support.

## £15

could cover the telephone costs of five families affected by dementia calling our Helpline.

## £30

could pay for a specialist dementia nurse to advise two families in virtual clinic sessions so that they can better support the person they care for.



could pay for a carer to receive an hour of one-to-one support from a specialist Helpline nurse.





Registered with FUNDRAISING **REGULATOR** 

Dementia UK is a registered charity in England and Wales (1039404) and Scotland (SC 047429).