













Dementia UK provides specialist dementia support for families through their Admiral Nurse service.

Please join my Time for a Cuppa to help raise money so we can have more of these nurses and support more families.

If you are affected by dementia and need to talk to someone, call Dementia UK's Admiral Nurse Dementia Helpline free on **0800 888 6678**.



Dementia UK is a registered charity in England and Wales (1039404) and Scotland (SC047429).



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