### Role description

**Role title:** Post Race Squad  
**Availability/Hours:** weekends – between 2-5 hours  
**Location:** Across the U.K  

### Background

Today, dementia is the leading cause of death in the UK. By 2025, more than one million people in the UK will be living with this often-devastating condition. Millions of us will know someone living with dementia. Many will be directly affected it – as the incredibly difficult role of carer often falls to friends and family members.

Dementia UK is a value driven charity, providing specialist dementia support and advice for families through our Admiral Nurse service. Our nurses help people living with dementia stay independent for longer and support the people caring for them so that they will have the strength to cope with the bad days, and the energy to enjoy the good days.

### About the role

Every year, hundreds of runners and cyclists take part in challenge events to help us grow the number of dementia specialist Admiral Nurses. We want to give them a huge congratulations and appreciation at the end of their event, and we need volunteers to help us.

### About the team

Dementia UK have a dedicated events team that manage our third-party events. We recruit and support those who have chosen to take on a physical challenge to support Dementia UK.

### Benefits of volunteering

- Gain new skills  
- Expand your network  
- Giving back  
- Being a part of a community

### Volunteer tasks

Volunteer role:  
- Join Dementia UK staff and volunteers at our post-race location to congratulate our amazing runners and cyclists  
- Help take photos with racers holding their well-deserved medal  
- If a massage therapist is present, help us keep track of who’s next in line  
- Help to hand out refreshments
• Meet participants' family members and friends who have come to congratulate their loved ones. They may want to talk about their experiences with dementia and explain why their loved one has taken on their challenge for Dementia UK
• Talk about Dementia UK and our Admiral Nurse services to friends, families, and anyone who would like to know more. We will offer guidance on this

Skills/experience
• No experience necessary, we ask that you are enthusiastic and enjoy meeting and talking to new people.

Additional information
• Access to a car / good transport links
• Required to stand for long periods of time

Our values

We listen, learn and collaborate
We are empowering, supportive and respectful
We act with integrity, transparency and accountability
We encourage creativity and innovation