Role description

Role title: Massage Therapist
Availability/Hours: weekends – between 2-5 hours
Location: Across the U.K

Background

Today, dementia is the leading cause of death in the UK. By 2025, more than one million people in the UK will be living with this often-devastating condition. Millions of us will know someone living with dementia. Many will be directly affected it – as the incredibly difficult role of carer often falls to friends and family members.

Dementia UK is a value driven charity, providing specialist dementia support and advice for families through our Admiral Nurse service. Our nurses help people living with dementia stay independent for longer and support the people caring for them so that they will have the strength to cope with the bad days, and the energy to enjoy the good days.

About the role

Every year, hundreds of runners take part in challenge events for Dementia UK. One of the benefits of joining #TeamDementiaUK is to offer participants a post-race sports massage. We appreciate you volunteering your time and expertise to make this possible.

About the team

Dementia UK have a dedicated events team that manage our third-party events. We recruit and support those who have chosen to take on a physical challenge to support Dementia UK.

Benefits of volunteering

• You will help support our runners in their race efforts.
• It is a fantastic opportunity to meet some of our amazing participants and provides you with the experience of offering massage therapy at a large-scale organised event.

Volunteer tasks

Your role will be:
• To provide a short sports massage to Dementia UK participants at our charity village location.

Skills/experience
• Please provide a copy of your qualification certificate and public liability insurance
• Please inform us of your capacity, e.g. how many event finishers you will be able to offer a massage to
• You will need to provide your own equipment

Additional information

• Access to a car / good transport links
• Required to stand for long periods of time

Our values

We listen, learn and collaborate
We are empowering, supportive and respectful
We act with integrity, transparency and accountability
We encourage creativity and innovation