

Your guide to gifts in Wills

Your legacy will provide specialist support
for families living with dementia



*Found it hard to
reach out for help
when his mum
had dementia*



DementiaUK
Helping families face dementia

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Thank you for considering leaving a gift in your Will

Thank you for considering leaving a gift in your Will to Dementia UK.

This booklet shows how a gift in your Will can ensure our dementia specialist Admiral Nurses are there to support anyone facing dementia.

We'll guide you through the stages of making your Will – including how you can write it for free with one of our Will-writing partners.

Why your gift matters

One in two of us will be affected by dementia in our lifetime, so more and more families will desperately need our help. Your legacy will make sure our specialist dementia nurses are there to support them. A gift in your Will today ensures life-changing support for future generations.

A message from our Chief Admiral Nurse

Dementia is a huge and growing health crisis, and it affects more than just the person with the diagnosis. Everyone around them is also affected – husbands, wives, daughters, sons, brothers, sisters, grandchildren.

Our specialist dementia nurses, known as Admiral Nurses, are there when a dementia diagnosis leaves a family feeling lost and not knowing where to turn. Every day, they help people living with dementia by explaining things in plain terms, giving expert and practical advice and helping them cope emotionally.

As Chief Admiral Nurse and Chief Executive, I would like to thank you for considering making a gift in your Will to Dementia UK. Your kind decision will make it possible for countless families to receive a lifeline in the future.

Of course, looking after your family and friends will be your biggest priority when making your Will. But making a gift in your Will today will ensure future generations have life-changing support, whenever it's needed.

There is currently no cure for dementia – and that's why we need your help. Because of you, Dementia UK will provide specialist support for more families living with dementia.

Thank you so much for considering supporting us in this very special way.

Best wishes,



Dr Hilda Hayo, Chief Admiral Nurse and Chief Executive





“It was wonderful to speak to someone who understood my situation and listened to my story. I felt very supported and the advice given was clear and constructive.”

Family carer



Karen's story

Karen explains why she, her sister and mum have all decided to leave a gift in their Wills to Dementia UK, in memory of her dad.

My dad always put his family first and made us feel like we were top of his list.

Then we started to notice signs of dementia. Dad became forgetful and began to be meticulous about small things, like having his clothes laid out for him.

Dad was eventually diagnosed with vascular dementia. Up until about 10 months before he died, he was still doing quite well and would regularly go out on bus journeys. But then he started to deteriorate more rapidly and had a few falls. One led to him breaking his neck and being admitted to hospital.

At this time, we were put in touch with a local dementia specialist Admiral Nurse, Sue. She was very calming and put us at ease. She would always



Karen, alongside her mum, dad and sister.

keep us in the picture about Dad's condition when he was in hospital.

After Dad died, Sue was a great support to us, and even came to his funeral.

My sister, my mum and I have all decided to leave gifts in our Wills to Dementia UK to remember Dad and ensure his legacy lives on. **I hope our gifts mean more families can receive the support of an Admiral Nurse – they are worth their weight in gold.**

“My Admiral Nurse has empowered me to be the best carer I can be for my wife, whether that’s by gently guiding me towards the most appropriate option or reinforcing a decision I have already come to. Without her, coping would be a much greater challenge.”

Steve, whose wife Julie has young onset dementia



What gifts in Wills have helped us achieve

Thanks to the generosity of everyone who supports Dementia UK, including people who make a gift in their Will, we can be there for everyone affected by dementia – husbands, wives, daughters, sons, brothers, sisters, grandchildren.

We are so grateful for your support. Here’s what our generous supporters have helped us achieve since the charity began in 1990.





The first two dementia specialist Admiral Nurses are appointed, named after Joseph Levy – also known as ‘Admiral Joe’ because of his love of sailing – who had dementia. The Levy family is determined to improve support for families affected by dementia.



The charity supports the launch of a specialist training programme for dementia nurses with various programmes established across London and 12 Admiral Nurses in post.



The Admiral Nurse Dementia Helpline is launched, offering people the chance to call, email or write to get specialist advice.



The charity changes its name to Dementia UK, reflecting the support we offer to people living with all forms of dementia throughout the UK.



The number of Admiral Nurses continues to grow, with 120 now in post including our CEO, Hilda Hayo, who is also the Chief Admiral Nurse.



Over 450 Admiral Nurses support thousands of families on our Helpline, in virtual clinic appointments, and in hospitals, GP practices, care homes and the community.

“There is no greater reward than helping to lift the weight off a carer’s shoulders.”

Hannah Gardner has recently been appointed as Consultant Admiral Nurse for Children and Young People. She tells us why being an Admiral Nurse is so important to her.

My late mother, Susan, was a nurse, first in a hospital and then as Matron of a care home. I spent many hours at this care home growing up, seeing first-hand the incredible impact my mum was having on the people there.

Dad was also a mental health nurse, so nursing very much runs in the family. Despite initially pursuing different pathways, like tourism and accounting, I was drawn back into nursing and have never looked back.

When my mum was in her early 50s, we started noticing some changes in her behaviour. She would forget things and had to make lists to compensate for this. She was also more anxious and less engaged in the things she’d previously been passionate about – like fashion and cooking.

“I didn’t know how to process what was happening.”

After a few years, it was Mum herself who actually said, “I think I’ve got dementia.” She’d cared for so many people with the condition over the years, so I suppose she knew the signs very well.

Mum’s parents were still alive so watching their daughter develop dementia was very tough for them, as it was for all of us. I was in my 20s and

didn't know how to process what was happening properly. There was no specialist support for people my age and I felt isolated from other carers.

When mum died aged 60, it hit me like a brick wall. It made me determined to become a specialist dementia nurse, and I have worked as an Admiral Nurse with Dementia UK for six years – Mum continues to inspire me.

I have had a number of roles with Dementia UK, including working on the Helpline, in local communities, and supporting families living with rarer types of dementia. I am now Dementia UK's first Consultant Admiral Nurse for Children and Young People – dementia affects the whole family, including children and young people, who also need specialist resources and support.



Richard's story

Richard shares his experience caring for his mum, Peggy, and why he's chosen to leave a gift to Dementia UK in his Will.

My mum, Peggy was one of the toughest people I knew. She grew up in Liverpool in the 1920s and as was the case for so many, life was hard.

I first noticed something wasn't right when Mum couldn't work out how to operate a vacuum cleaner she'd just bought. She kept taking it to bits and cleaning it, but couldn't get it working.

Mum was referred by her GP to a mental health clinic. She did a memory test and was diagnosed with Alzheimer's disease.

At one of Mum's appointments, a nurse saw how much she kept saying, "There's nothing wrong with me," and "I'm alright, I've got my Richard." But a nurse saw how much Mum was reliant on me and gave me Dementia UK's contact details.



Richard and his mum

I called the Helpline and spoke to an Admiral Nurse who was incredibly helpful. Navigating dementia on your own is so confusing and time-consuming, so his advice and support were invaluable.

After Mum died, I decided to leave a gift in my Will to Dementia UK. **If you've been through the dementia journey with a loved one, you'll know the good that can come out of your gift.**

I'll never know the people that my legacy will support, but I know the work that it will do because of my trust and belief in the work of Dementia UK.

How a gift in your Will makes a difference

We want to provide every family affected by dementia with the support we would all want for ourselves and our loved ones.

By 2040, it's predicted that over 1.6 million people in the UK will be living with dementia – and at the moment, no cure is in sight.

Because of a gift in your Will today, whatever the size, future generations will have life-changing specialist support whenever it's needed.

A world where no one faces dementia alone – where everyone gets the specialist support they need

Because of you...



- there will be more Admiral Nurses. With your support we can grow their number to 1,000 by 2030, ensuring any family facing dementia will be able to get the support they desperately need



- specialist dementia services will be available throughout the UK. We will be able to offer a lifeline to families in all areas and communities including people with young onset dementia, people from minority ethnic groups, and people with learning disabilities



- our expert advice and support will be accessible to everyone. Your gift will grow our free Dementia Helpline, online clinics and information services, allowing people to access support in the way they want it and at a time that suits them

Your step-by-step guide to making your Will



1

Decide who you will name as executors – the people who will make sure your wishes are fulfilled.



2

Calculate the value of your assets – this includes small items like jewellery and larger assets such as property, savings and investments.



3

Choose the people you would like to include in your Will. Writing a Will is the best way to ensure family and friends are provided for when you're no longer around.





4

Consider leaving a gift to Dementia UK in your Will so no one faces dementia alone.

Every gift, no matter the size, will help us reach more people who need our support.



5

Visit a solicitor or a member of the Institute of Professional Willwriters to have your Will drawn up. You could also use one of our free Will offers – see **p14 for information** ➔ .



6

If you have included a gift to Dementia UK, you may wish to share your intentions with us **using the form included with this guide** ➔ . This will allow us to thank you properly.



Write your Will for free

With Dementia UK, you can make a Will for free with our partners the National Free Wills Network, Farewill and the Co-op.

There is no obligation to include a gift to Dementia UK when you use these services, but we would be extremely grateful if you would consider it to help us support families facing dementia in years to come.



Write your Will in person with the National Free Wills Network



The National Free Wills Network offers the chance to have a simple Will written for free by a solicitor in your local area. There are over 900 participating solicitors across England, Wales, Scotland and Northern Ireland.

To find out more:

- 1 Visit dementiauk.org/freewill or contact our team on **0300 365 5500**.
- 2 Enter your full name and address, stating that you would like to be referred to the service.
- 3 You will be sent an information pack, including a list of your nearest participating solicitors where you can make an appointment.



Write your Will online with Farewill



Making a Will is straightforward with Farewill: the largest online Will writing service in the UK.

To find out more:

- 1 Visit farewill.com/dementiauk-web to start writing your Will. Answering the simple questions takes as little as 15 minutes.
- 2 An expert will check your Will to make sure your wishes will be carried out.
- 3 Once checked, you can download a copy of your Will, print it, and follow the instructions to make sure you sign and witness it correctly.

Write your Will by phone with the Co-op



If you live in England or Wales, you can write your Will over the phone with a Wills specialist from the Co-op. You can also do it online.

To find out more:

- 1 Call **0330 0417 890** to start the Will-writing process.
- 2 A professional Will writer will contact you at a time you choose to prepare your Will.
- 3 You will be sent a draft of your Will to check and sign.
- 4 The Co-op will store your Will securely until it's needed.

What type of gift will you leave?

Every gift to Dementia UK will help us support families facing dementia in the future.

Many kind supporters choose to leave a percentage share of their estate because if the value of their estate increases, the value of their gift will also increase. This ensures family, friends and any charity included in their Will are best provided for in the future.



There are several types of gift that you can leave in your Will. Your solicitor will be able to talk you through your options, but here's an overview of the three main ways to give.

A share of your estate



A percentage of your estate (that is, the value of everything you own) given to a loved one or a charity of your choice. This is also called a residuary gift.

A cash gift



A specific sum of money, also known as a pecuniary gift.

A specific gift



A gift of a particular item, such as property, shares or a valued personal possession.



Your gift will help us change lives

A gift of any amount will make a huge difference to our work, but here are a few examples of what gifts of different values might help us achieve.



£250

could fund a new dementia specialist Admiral Nurse to run a full day of face-to-face appointments for families affected by young onset dementia (where symptoms develop under the age of 65).

£929

could pay for an Admiral Nurse to answer calls from families on our Dementia Helpline for a whole week.

£16,250

could fund a new Admiral Nurse to work in a local community for three months, supporting families who have no one else to turn to.

£65,000

could fund a brand-new Admiral Nurse service for its entire first year, helping hundreds of families access tailored support in their community.

£103,500

could pay for the telephone costs of 34,290 families calling our free Helpline whenever they need support.



Your questions answered

Why should I make a Will?

Making a Will is the best way to ensure your wishes are carried out after you've gone. Many people assume that their estate will be left to the right people but without a Will that isn't always the case. It can be comforting to know your savings and possessions will go to the people and causes you care about.

Do I have to leave a gift to Dementia UK to benefit from using your free Will services?

Although we hope you will consider remembering us in your Will so we can support more families facing dementia in the future, there is no obligation to leave a gift when using our free Wills services.

I want to take care of my family and friends first. Can I still leave a gift to Dementia UK?

Yes. Even leaving a small percentage of your estate or cash gift can help us to be there for families facing dementia, in the future.

Does leaving a gift to charity reduce my Inheritance Tax?

Yes. If you leave money to a charity in your Will, the donation will either be taken off the value of your estate before Inheritance Tax is calculated so it may then come under the tax threshold, or reduce your Inheritance Tax rate if more than 10% of your estate is left to charity.

What are the next steps?

Now that you have gone through this booklet, you should be in a position to make your Will using one of the free Will offers or finding your own solicitor. Please also send back the ➡ **'My intentions' form** included in the guide to let us know your thoughts on leaving a gift to Dementia UK in your Will.

How can I get in touch?

If you would like to have an informal chat about your Will or have any outstanding questions, please do get in touch: we'd love to hear from you. You can email giftsinwills@dementiauk.org or call us on **0300 365 5500**.





giftsinwills@dementiauk.org
dementiauk.org/giw
0300 365 5500



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My intentions

If you have decided to include Dementia UK in your Will, or are considering doing so, we would love to hear from you. This will help us plan for the future, and we can send you a personal thank you.



My intentions

I have already included a gift to Dementia UK in my Will

I would like to talk to someone about my Will.
Please call me on

I do not want to be contacted further about gifts in Wills

Would you like to share more about why you're supporting Dementia UK?

We'd love to find out more about why you have chosen to make a gift to Dementia UK in your Will. If you're happy to tell us this, please do so below. Please feel free to provide as much or as little information as you would like. We will store this information and may contact you about your story. Please do not share anything here that you would not be happy for us to use in this way.

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About you

Title	First name	Surname
.....		
Address		
.....		
		Postcode
.....		

Thank you so much for your support. Your gift will make sure no one will face dementia alone.

We would like to keep you updated about our work. Please let us know how you would like to be contacted over the page.

Keep in touch

Stay updated to see how kind supporters like you can provide a lifeline to families affected by dementia through campaigning, fundraising and volunteering.

Don't worry, we never send too many communications, and you can always change your mind by calling our Supporter Care Team on **0300 365 5500** or emailing **supportercare@dementiauk.org**

If you would like to receive information via emails, calls and SMS, add your details below.

Email address:

Phone number for calls:

Mobile number for SMS:

We will update you via post on the huge difference you are making to families living with dementia and how you can support us in the future.

Please tick here if you do not want to receive updates by post.

Privacy notice

For full details on how we store and use your personal information, please see our privacy notice at [➔ dementiauk.org/privacy-notice](https://dementiauk.org/privacy-notice)

Please return this completed form
in the envelope provided to:
Dementia UK,
7th Floor,
One Aldgate,
London EC3N 1RE