

An evaluation of the Admiral Nurse post at Lister Hospital

An Overview of the 1-year Evaluation (1/1/2018 – 31/12/2018)

Background

Admiral Nurses provide the specialist dementia support that families need. When things get challenging or difficult, Admiral Nurses work alongside people with dementia, their families and carers: giving one-to-one support, expert guidance and practical solutions. Admiral Nurses are continually trained, developed and supported by Dementia UK.

The Admiral Nurse at Lister Hospital is a full-time role working across East and North Hertfordshire NHS Trust's hospital sites.

Methodology

A 'mixed methods' approach was used, collecting qualitative and quantitative data:

- Activities with families and supporting best practice work was captured on a clinical database
- Three professionals took part in semi-structured telephone interviews carried out by Dementia UK
- Pre and post training evaluation forms were used to measure any changes in professionals' knowledge and skills in dementia care

The Admiral Nurse developed a **new care pathway** for patients with dementia from hospital to when they are discharged to the community (this work was celebrated in a recent CQC report).



211 carers have received specialist casework

996

activities to support best practice in dementia care were delivered. This included advising other health and social care professionals on capacity assessments and deprivation of liberty safeguards.

56

staff members were trained to Tier 2 across 11 sessions

436

staff members were trained to Tier 1 Dementia Awareness across 30 sessions



Out of the 92 people who completed the Tier 1 evaluation form...

83%

...have a more positive attitude to people with dementia

93%

...improved their skills in working with people with dementia

95%

...improved their confidence in interacting with people with dementia

What professional stakeholders said about the service improving care in the hospital...

"[Yes] especially on the dementia wards, where she is re-educating staff. The 1:1 support to families also helps to improve care for families, for example through the work Hannah does to link them in with community services."

"The family has more support. Ward nurses are so busy, having Hannah there allows the family time for that emotional support that is needed."

The service delivered 164 face to face activities and 94 phone calls with families through casework

Face to face contacts with families were...



...on average

Calls with families were...



...on average

What professional stakeholders said about the the potential of the service to reduce unnecessary re-admissions in the future...

"Community support prevents the breakdown and prevents crises. Early intervention rather than escalating to breakdown points will prevent future admissions, and Hannah works to link carers in with community services."



DementiaUK
Helping families face dementia



East and North Hertfordshire
NHS Trust