



# Music Matters: Developing a multisensory music assessment tool in collaboration with people living with dementia through a participatory design

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# Supervision Team



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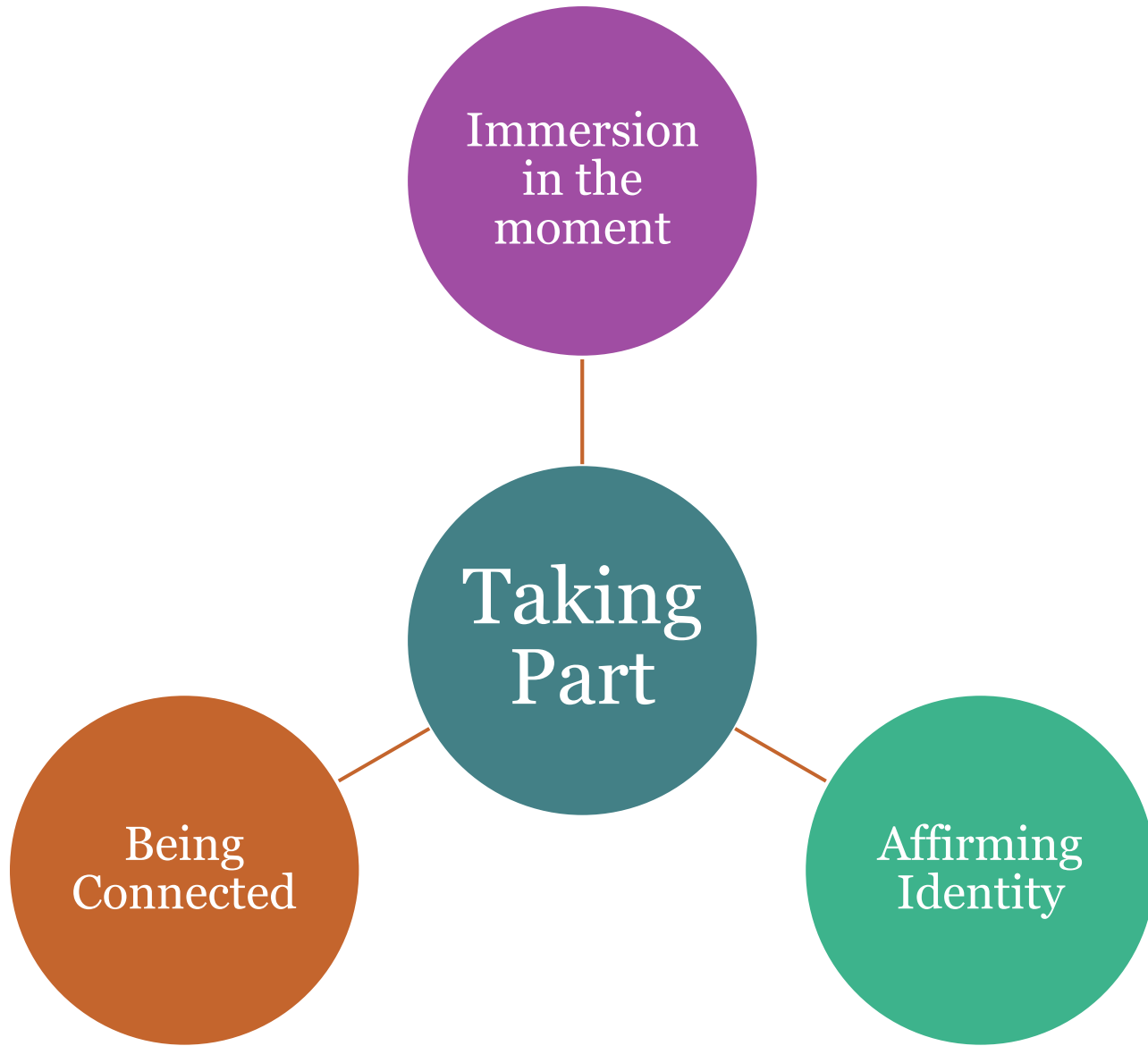


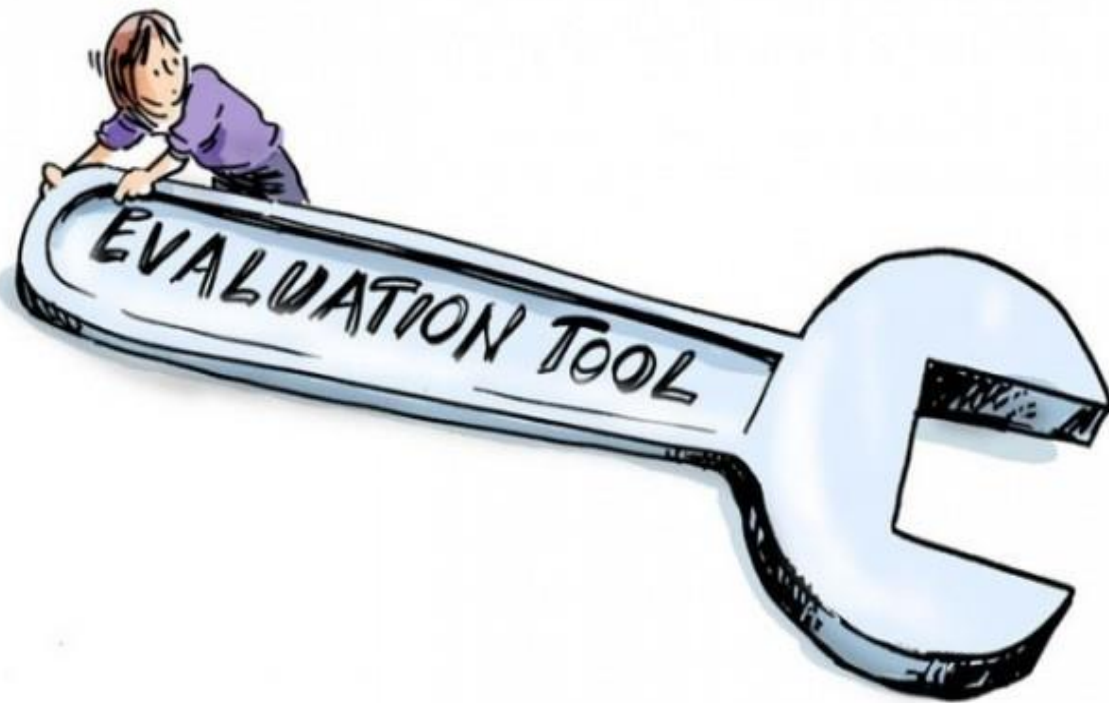
The University of Manchester



# Background

- Music is the most commonly accessed arts-based activity for people living with dementia
- Focus placed on ‘behaviours that challenge’, psychological symptoms and cognition
- Cochrane review (2001;2011;2017):
  - Music *might* reduce depressive symptoms
  - Methodological quality of studies is poor
- Qualitative and mixed-methods research paints a different picture





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# My PhD

- Seeks to understand the ‘in the moment’ and multisensory experiences of people with dementia
- Work collaboratively with people living with dementia to understand what outcomes they value
- Adapting traditional research methods to enhance contribution of people with dementia and the quality of data

# Methodology and Methods

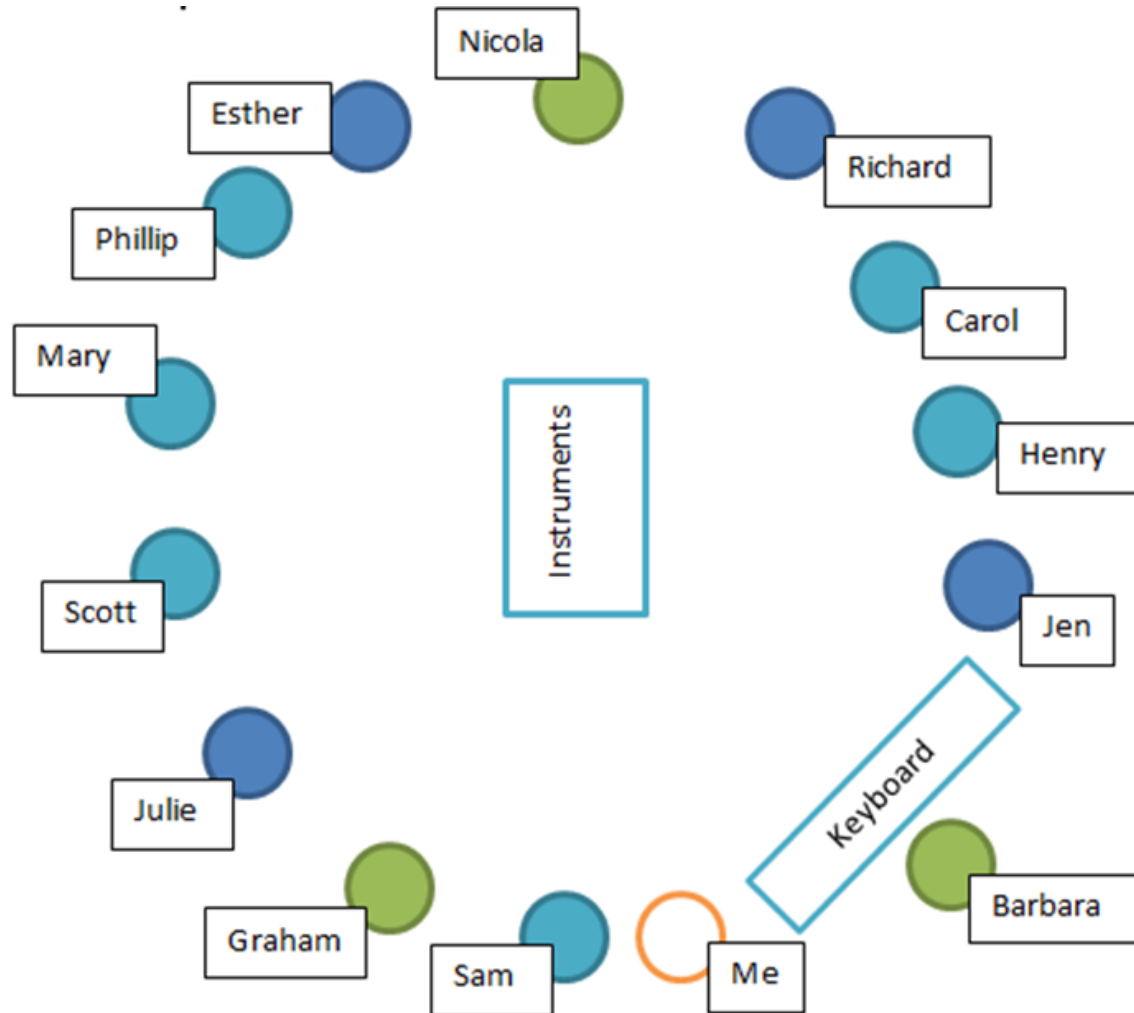
- Participatory Research Framework
  - Research 'with' not 'on'/'for'
  - Immersing myself in the group
- Multi-method qualitative approach
  - Video ethnography
  - Video elicitation interviews
  - Participant diaries
  - Soundscapes

# Music in Mind

- Manchester Camerata's Music in Mind project
  - Began in 2012
  - 500+ people living with dementia in the North West
- Music therapy-based program focussing around improvisation and the creation of new music
- My PhD follows a community based MiM over 15 weeks



# The Ensemble





# The coming months...

- 6 sessions left
  - Over 24 hours of video data
  - Interviews with people with dementia
  - Family member interviews
  - Facilitator interviews
- Analysis
- Prototype tool
- Collaborator feedback
- Dissemination