

Telling Tales About Dementia

Experiences of Caring

Edited by Lucy Whitman

Foreword by Joanna Trollope

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How does it feel when someone you love develops dementia?
How do you cope with the shock, the stress and the grief?
Can you be sure that you and your family will receive the support you need?

In *Telling Tales About Dementia*, thirty carers from different backgrounds and in different circumstances share their experiences of caring for a parent, partner or friend with dementia.

'Telling tales about dementia reveals the true impact of dementia on people's lives. The stories told here are both moving and inspiring. They vividly reflect the tragedy of dementia, the gravity of loss and the complexity of the journey. But there is hope and optimism too.'

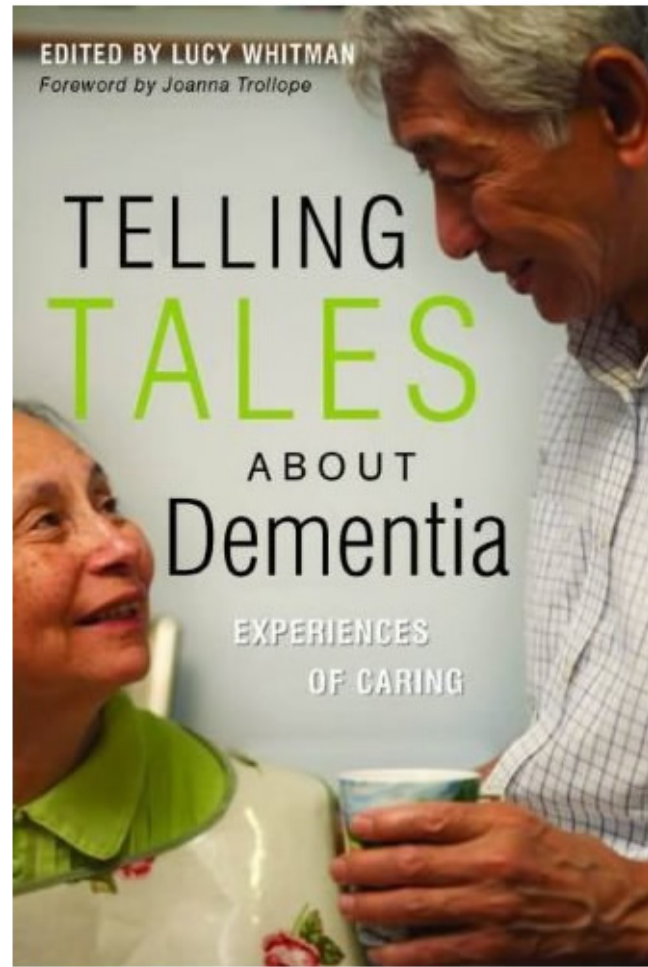
Barbara Stephens, Chief Executive, Dementia UK

'The single most valuable achievement of this book is to tell carers they are not alone.'

John Suchet, broadcaster, who is caring for his wife Bonnie who has dementia.

'Reading these stories will make us all, in the words of one of the contributors, "determined to make a difference".'

Joanna Trollope, OBE



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